



CATHOLIC CHAPLAINCY

for London's Universities

Called to Serve

Volunteering!

Opportunities for University Students

Social Outreach Projects



2020/2021

Faith. Friendship. Community. Service

Connecting Faith to Action

‘Faith. Friendship. Community. Service’

Hello and welcome to the new academic year!

We are Called to Serve

The Christian vocation necessarily involves an attitude of loving concern for the other (Luke 10: 36-37). Newman House has a long tradition of participating in active and informed service within the local community. There are many volunteering opportunities on offer in this booklet where your involvement will make a real difference to the community.

Pope Francis often quotes St John Chrysostom who said:

"No act of virtue can be great if it is not followed by advantage for others. So, no matter how much time you spend fasting, no matter how much you sleep on a hard floor and eat ashes and sigh continually, if you do no good to others, you do nothing great."

In other words we cannot be Christians merely for our own benefit. We have a responsibility to love and care for our neighbour.

This booklet is designed to give you a taste of just some of faith based volunteering opportunities are offered through the Newman House Chaplaincy with detailed information about each of these projects. For more information contact Sr Carolyn Morrison RA



Social Outreach & Volunteering Chaplain for London's Universities

Contact person: Sr. Carolyn Morrison R.A.,
Contact details: carolyn@universitycatholic.net

<https://www.universitycatholic.net/chaplaincy/social-outreach-volunteering/>

Table of Contents

Virtual Volunteering Projects	page
Online - Young Caritas Forum	4
Online - United Nations	5
Online - Be My Eyes	6
Online - St Jude's Children's Hospital	6
One off - Volunteering Opportunities	
Aid to the Church in Need (ACN)	7
Regular Volunteering Opportunities	
St Patrick's Church, Soho Square - Outreach Projects for the Homeless	8
Westminster Caritas - Foodbank Project	9
Mary's Meals - Ambassador	10
Church of the Immaculate Conception, Farm Street - SVP	11
Tutor Plus - Educational Projects	12
Good Council Network - Right to Life	14
Cardinal Hume Centre - Refuges and Homeless projects	15
Summer Projects	
Lourdes Pilgrimage (TBC)	16
Assumption Sisters Volunteers Programme - Gap Year	17

N.B. Due to Covid 19 regulations some volunteering opportunities may be subject to change or cancellation.

Virtual Volunteering Projects

Change the world through online volunteering.

-Online - Young Caritas Forum-



What is it?

Young Caritas Forum is an online platform for young people aged between 18-30. The forum highlights the burning social issues of the day.

Attend interactive zoom meetings where you will discover in depth the different concerns of those in need. This series of talks will help you to grow in knowledge of Catholic Social Teaching by using the See, Judge and Act method.

Time commitment: The forums will run Tuesday evenings, fortnightly, 6.30pm - 7.30pm.

- Climate Change (22/9/20)
- World Day of the Poor (6/10/20)
- Migrant & Refugee Crisis (20/10/20)
- Food Poverty (3/11/20)
- Homelessness (1/12/20)

To apply contact: Ines Ignasse

Contact person: Ines Ignasse

Contact details: inesignasse@rcdow.org.uk

To attend visit the link:

<https://us02web.zoom.us/j/82839046566?pwd=dCtVbUMwM3RhRVJLaDhFakdCT1M4QT09>

-The United Nations- -Online-Volunteering Service-



What is it?

A platform which lets you search for projects around the world related to the UN's Sustainable Development Goals. They're in need of a host of skills such as research, design, fundraising, technology development and translation.

How can I volunteer?

The application process takes less than 15 minutes. Once selected by the organisation, you confirm your availability and get started.

[onlinevolunteering.org](https://www.onlinevolunteering.org) <https://www.onlinevolunteering.org/en/opportunities>

Chaplain requires Social Media Assistant

What is it?

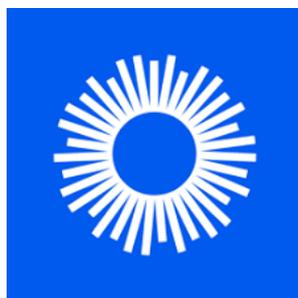
One of our Chaplain's needs your help with social media output, the creating of posters and the advertising of events.

How can I volunteer?

If you are media savvy and love posting on social media, creating posters, and advertising events then this could be the job for you. The social media assistant volunteering role has a time commitment of one to two hours per week. To apply for an application form please fill in the application form on Newman House website: <https://www.universitycatholic.net/chaplaincy/social-outreach-volunteering/>

Contact person: Sr Carolyn Morrison RA
Contact details: carolyn@universitycatholic.net

- Be My Eyes-free app-



What is it?

Bringing sight to blind and low-vision people

How can I volunteer?

Be My Eyes is a free app that connects blind and low-vision people with sighted volunteers and company representatives for visual assistance through a live video call.

<https://www.bemyeyes.com/>

St Jude Children's Research Hospital



**St. Jude Children's
Research Hospital**
Finding cures. Saving children.

-Lift the Spirits of a Child with Cancer by sending an E card-

What is it?

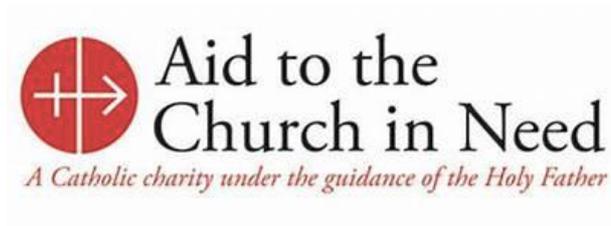
One way you can take part in virtual volunteer work while supporting their mission to help children battling cancer is to send an e-card to a patient.

Their online card maker allows you to easily choose a design based on artwork created by children in their care. From there, choose a message or enter your own and send it in.

<https://www.stjude.org/get-involved/other-ways/online-card-message-patients.html>

One off - Volunteering Opportunities

Throughout the academic year there will be many opportunities for you to get involved. Here is just one example:



ACN - Online Event: #RedWednesday

You are invited to #RedWednesday 2020
– Our digital event!–

The terror that many Christians face is something hard to comprehend in the West. Around the world, countless numbers of Christians are kidnapped, attacked or killed. Thousands more face discrimination and legal abuses in core aspects of their lives – housing, wages, education, access to healthcare and future prospects – and all because of their faithfulness to Christ.

As events across the UK have been cancelled, we invite you all to join us for our digital #RedWednesday event, which will feature interviews with project partners around the world, a close up look at our work, music, prayer and more.

This event will be able to be streamed from the ACN webpage at 4:00pm on Wednesday 25th November 2020. <https://acnuk.org/event/redwednesday-digital-event/>

#RedWednesday landing page: <https://acnuk.org/our-campaigns/redwednesday/>

Contact person: Errol Palmer

Contact details: errol.palmer@acnuk.org

Regular Volunteering Opportunities

St Patrick's Church: Social Outreach

(Location: St Patrick's Church, 21a Soho Square)



What is it?

Feeding the Homeless: Our outreach to the poor and homeless of Soho involves four different volunteering projects. All of the projects take place in the Church Hall of St Patrick's, Soho.

St Patrick's Outreach Projects: Four to choose from:

Open House Project - Starts on Tuesday 10th October. There are three shifts to choose from: Tuesday, Wednesday and Thursday evenings 6:00pm - 8:30pm

Breakfast Club - runs on Fridays and Saturdays 8:00am - 10:45am

Film Club - First Sunday evening of every month

Night Shelter - Friday evenings, overnights and Saturday mornings during the season of Feb to May.

If you would like to volunteer in any of the above projects you will need to fill in an application form. See contact details below. Alternatively ask Sr Carolyn for an application form.

Contact person: (Outreach projects) Samantha Flanagan
Contact details: outreach@stpatricksoho.org

Contact person: (Night Shelter) Mike
Contact details: (Night Shelter) mikeg@1025transform.co.uk

-Caritas Westminster-

-The Foodbank Project-

(Location: Blessed Sacrament Catholic Church, Copenhagen Street, London, N1 0SR)



What is it?

To respond to the growing issue of food poverty in the local area the Blessed Sacrament Church set up a foodbank project. Although it has only been running for 6 months the foodbank is already in high demand, receiving 80 guests each week.

Volunteering Role: The foodbank runs between 11am-4pm every Thursday and is open to all. **Volunteers are needed** to help with the setting up and running of the foodbank each week and with food collection and supporting the foodbank to keep going.

Contact person: (Caritas) Elke Springett

Contact details: (Caritas) elkespringett@rcdow.org.uk

Contact person: (Newman House) Sr. Carolyn Morrison RA

Contact details: (Newman House) carolyn@universitycatholic.net

-Mary's Meals-

A simple solution to world hunger

Community Ambassador & the Backpack Project



What is it?

Spread the word about Mary's Meals in your community, encouraging support and enabling people to contribute in whatever way they can. You will be given full training and support to promote our work and campaigns with confidence, and the role can be tailored to suit your own particular skills.

Volunteering Role: Community Ambassadors promote our work by telling our story at local schools and colleges, placing collection cans with local shops and businesses, assisting with fundraising events, and representing Mary's Meals in their own local area.

The Backpack Project

Many children receiving Mary's Meals don't have basic learning tools such as pencils and notepads. You can support them to get the most out of their lessons by donating a backpack full of the things they need. For many, a Mary's Meals backpack will be the only gift they'll have ever had.

Contact person: (Newman House) Sr Carolyn Morrison RA

Contact details: (Newman House) carolyn@universitycatholic.net

Society of ST Vincent De Paul (SVP)



Church of the Immaculate Conception Farm Street

The Society of St Vincent de Paul is an international Catholic charity whose aim is to tackle poverty in all its forms through the provision of practical assistance to those in need. The Society was founded in 1833 by Blessed Frederic Ozanam to help impoverished people in the slums of Paris. The Society gradually expanded outside of France, arriving in England in 1844. Today there are nearly 10,000 members in the UK who volunteer to help those in need. While this involves assisting those in financial poverty it also includes visiting people who are sick, lonely, in prison, or suffering from addiction.

Volunteering Role: The Farm Street Church Conference of the **SVP operates a soup run** for the homeless on **Monday evenings**. Volunteers set up stations in a number of locations within walking distance from the church and distribute hot soup, tea/coffee, and chocolate to those who need it. Volunteers leave the church with supplies at **8pm and usually return to the church by 10pm**.

Volunteering Role: There is also a visiting scheme which involves visiting the lonely. It is both online and in person.

Contact person: (soup run): Yasko Kurahachi
Contact details: y.kurahachi@gmail.com

Contact person: (visiting scheme): Sandra McNally
Contact details: S.Mcnally1@lse.ac.uk

Transforming Lives Through Education

Education is a key component of social outreach, partly because enabling others to make informed choices is an important step in promoting the common good. Tutor Plus aims to increase the numeracy and literacy skills of the students. It allows those who feel passionately about the transformative power of education to participate in developing the life skills and abilities of young people in our local community.

We have three Tutor Plus projects to choose from: Assumption Sisters, Milleret House, Maria Fidelis School and St. Charles R C Primary School.

NB., Volunteering opportunities for Tutor Plus 2 & 3 will NOT be available until January 2021.

Contact person: Sr Carolyn Morrison RA

Contact details: carolyn@universitycatholic.net

Tutor Plus 1

Assumption Sisters - 20 Kensington Square, W8 5HH



What is it? A homework Club is offered for children aged 7 – 18

Volunteering Role: You will help the children from the Kensington & Chelsea deanery with their homework. Whether your skills and passion lie in creative activities or you are more academically minded, we have a role that will suit you. If you study English, Math, Science, Religious Education (and so on) you would be able to help the children with their homework. The children are given free tuition in Milleret House with the help of the Assumption sisters, students and teachers providing the tuition.

Volunteer on either Tuesdays or Thursdays 4:45pm-6:15pm.

Time commitment: 1-2 hours per week - a regular commitment is needed.

Contact person: Veronica Griffiths

Contact details: tutorpluskensington@hotmail.com

Website: <https://tutorpluskensington.wordpress.com>

Tutor Plus 2

Maria Fidelis School - Drummond Crescent, Euston

Volunteering opportunities: **The Reading Programme**

Venue: Maria Fidelis Convent School, is just 10-minute walk from UCL main quad (Drummond Crescent) near Euston Station.

READING PROGRAMME

The Reading Programme involves working with an 11- or 12-year old student for two terms. You will be assigned to a tutee who needs help with their literacy skills and your duty will be to read aloud with them. Explore different learning techniques with your tutee in order to find a suitable one – each student learns differently. The student will usually bring a book of their choice, otherwise, books are available at the school's library.

Commitment: You will commit to one hour of tutoring each week. Sessions can take place at any time during school hours from Monday to Friday, because students will be pulled out of class for this programme. We will match the student's timetable with your schedule.

Tutor Plus 3

St Charles R C Primary School - 83 St Charles Square, London W10 6EB

Volunteers needed to help children with their Math

	Lower KS2 (7- 9year olds)	Upper KS2 (9-11 year olds)
Monday	9.30-10.30	11.30-12.30
Tuesday	9.30-10.30	11.30-12.30
Wednesday	9.05-10.00	11.30-12.30
Thursday	9.05-10.00	11.30-12.30
Friday	11.00-12.00	11.30-12.30

Ideally we could accommodate up to 2 students per slot – i.e., two between 9.30 and 10.30 on Monday morning and two between 11.30 and 12.30 – but if it is only one, that is fine too.

Your Role: To assist the teacher in the classroom with the pupils who need extra help. Requirements: You will need to have A level in Math/science or above. You will be supervised by the teacher and shown what areas the children need to work on. Training will be given as well as out of pocket expenses. **Time commitment:** 1 hour per week.

-The Good Counsel Network-

Saving Lives by Helping Pregnant Women



Help save lives and support pregnant women by coming to the Good Counsel Network's peaceful prayer vigil outside the abortion centre on Whitfield Street, just five minutes' walk from Newman House.

Since 2011, 100s of children's lives have been saved when their mothers changed their minds about having an abortion, through the peaceful prayer and witness to life at this and other GCN vigils.

Volunteering Role: Attend the Whitfield Street vigil runs which on Tuesdays and Wednesdays, 7.45am-3pm, and on other days and at other times depending on volunteer availability.

Location: Outside Marie Stopes, 108 Whitfield Street, W1T 5BE

Volunteering Role: There are also volunteering opportunities at the Good Counsel Centre where volunteers can help with mail-outs and other admin tasks.

Good Counsel also runs an internship programme.

Contact person: Siobhán Casey

Contact details: info@goodcounselnetwork.com

Contact: 0207-723-1740

Cardinal Hume Centre

-Give A Little Time – Make a Big Difference-



Lots of opportunities to volunteer with families and children 0 – 12.

Homework Club - Monday & Friday 3.30-5.15pm

Volunteering Role: You will be helping children from refuge families with their homework. Choose a day that suits you from Monday to Friday, one session per week.

Due to Covid 19 regulations there will be only two families coming in on the same day each week, so volunteers will continue to work with the same children.

Contact person: Flora Swartland

Contact details: volunteering@cardinalhumecentre.org.uk

www.cardinalhumecentre.org.uk

Tel: 020 7222 1602

Nearest Tube Station: Pimlico Station

Summer Projects



CATHOLIC CHAPLAINCY
for London's Universities

'To Be Confirmed' **-Pilgrimage to Lourdes-** *- 24th – 30th July 2021-*

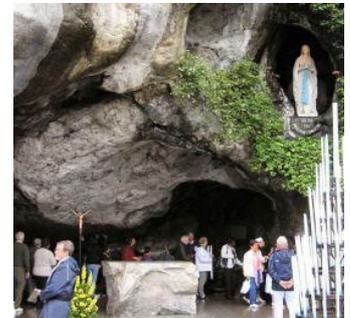
Cost £500 (Lots of Grants available)

Each year a Chaplain & a group of students travel to Lourdes with the Westminster Diocese to help care for sick pilgrims. We go as St Frai Helpers. We travel as a group and we serve as a team.



Volunteers are fully trained before leaving and supported throughout the week. It is a wonderful experience of service, community, faith and pilgrimage.

Students pay for their visit, however the trip is heavily subsidised by the Chaplaincy. If needed: there are some very generous grants that you can apply for to help with the cost of volunteering at Lourdes.



This project tends to be a very popular. Please see Sr Carolyn to reserve a place.

Contact person: Sr. Carolyn Morrison RA
Contact details: carolyn@universitycatholic.net

Assumption Sisters

-Gap Year - Volunteer programme-



#Gap Year: volunteering opportunities in the Philippines, India, Rwanda, Lithuania and in the Uk, Newcastle

What is it? Short and long term (one year) volunteer placements with the Assumption Sisters

GAP YEAR: Would you like to experience a new culture for a year and serve young people in poor communities as a volunteer? The Assumption Volunteer Programme offers opportunities to share one year of your life in a culture very different from your own in the **Philippines, India, Rwanda, & Lithuania.**

UK (Newcastle) we also receive each year an international group of young adults to volunteer in creative arts programmes for children with social and educational problems in **Newcastle.** If you would like to join them then see contact details below. Applications from UK residents are welcome too!

We offer financial and personal support for 10 placements each year connected with the Sisters of the Assumption around the world.

Contact person: Anne-Marie

Contact details: vc@assumptionvolunteers.org.uk

Website: www.assumptionvolunteers.org.uk